

Amser Cinio

I ddechrau

Cawl Cig Eidion Taffy

Corgimwch gyda Salad Cranc Aberteifi

Merllys Wedi'u Grilio'n Ffres gyda Saws Menyn Cymreig

Prif gwrs

Stêc Llygad Asen Eidion Du Cymreig gyda Llysiau Balsamig Rhost a Saws Puprennau

Ffiled o Ddraenog y Môr Gwylt gyda Menyn Cymreig Dil a Chocos Sir Benfro

Selsig Morgannwg gyda Saws Bara Lawr (LI)

Pwdin

Pwdin Reis Mangws gyda Jam Bricyll Mangus

Salad Ffrwythau Ffres gyda Crème Fraiche

Caws Cenarth gyda Bisgedi

Dinner Time

Starter

Taffy Lamb Cawl

Prawns with Cardigan Crab Salad

Fresh Grilled Asparagus with Welsh Butter Sauce (V)

Main

Welsh Black Ribeye Steak served with Roasted Balsamic Vegetables and a Perpercorn Sauce

Wild Seabass Fillet served with Dill and Pembroke Cockle Welsh Butter

Glamorgan Sausage with a Laverbread Sauce (V)

Dessert

Mangus Rice Pudding with Apricot Jam

Fresh Fruit Salad with Crème Fraiche

'Caws Cenarth' Cheese with Biscuits