

Mae gwasanaethau'n gallu newid felly gwnewch eich gwaith cartref cyn teithio. [www.trctrenau.cymru](http://www.trctrenau.cymru)  
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[www.tfwrail.wales](http://www.tfwrail.wales)



# Amserau Trenau | Train Times

16 May 2021 - 12 Medi 2021 | 16 May 2021 - 12 September 2021

## Cwm Rhymni - Caerffili - Caerdydd Canolog - Penarth

Rhymney Valley - Caerphilly -  
Cardiff Central - Penarth



I gefnogi mesurau cadw pellter cymdeithasol, ni fydd gwasanaethau trên yn stopio yn Gilfach Fargoed ar hyn o bryd. I drefnu ffordd arall o deithio rhwng y gorsafoedd dan sylw, ffoniwch 0333 3211 202.

To support social distancing measures, train services are currently not stopping at Gilfach Fargoed. For alternative transport arrangements serving these stations phone 0333 3211 202.

### Teithio'n saffach

Travel safer



Dod o hyd i drenau llai prysur: defnyddiwch ein Gwiriwr Capasiti a Theithio'n Saffach [www.trctrenau.cymru/travel-safer](http://www.trctrenau.cymru/travel-safer)

Find trains with space: use our Capacity Checker and Travel Safer [www.tfwrail.wales/travel-safer](http://www.tfwrail.wales/travel-safer)



TRAFNIDIAETH CYMRU  
TRANSPORT FOR WALES



## Cadw sedd

Dim ond hyn a hyn o lefydd sydd ar gael ar drenau er mwyn i bawb allu cadw pellter cymdeithasol.

Cadwch eich sedd cyn eich taith, yn ogystal â phrynu eich tocyn. Os ydy'r holl seddi'n llawn ar y trê'n, efallai bydd angen i chi deithio ar adeg wahanol pan fydd lle ar gael.

Tocyn ond dim sedd? Ewch i:

[www.trctrenau.cymru/cyn-eich-taith/cadw-seddi](http://www.trctrenau.cymru/cyn-eich-taith/cadw-seddi)

## Reserve a place

Places are limited on trains for social distancing.

Reserve a place before your journey, as well as buying a ticket. If your intended train is fully reserved, you may need to travel at a different time when they are available.

Got a ticket but no reservation? Visit:

[www.tfwrail.wales/reserve](http://www.tfwrail.wales/reserve)

Cwm Rhymini - Caerffili - Caerdydd - Penarth				Dydd Llun i ddydd Gwener						
Rhyrny Valley - Caerphilly - Cardiff - Penarth				Mondays to Fridays						
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Rhymini / Rhyrny	d			0602			0702			0802
Pontlotyn / Pontlottyn	d			0605			0705			0805
Tir-phil	d			0610			0710			0810
Brithdir	d			0613			0713			0813
Bargoed	d			0618	0646		0718	0746		0818
Gilfach Fargoed	d									
Pengam	d			0623	0651		0723	0751		0823
Hengoed	d			0627	0655		0727	0755		0827
Blackwood	☞ d						0645	0740		
Ystrad Mynach	☞ a			0631	0659		0731	0759		0831
Ystrad Mynach	☞ d			0631	0659		0731	0759		0831
Llanbradach	d			0636	0704		0736	0804		0836
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d			0640	0708		0740	0808		0840
Aber	d			0643	0711		0743	0811		0843
Caerffili / Caerphilly	d		0635	0647	0715	0735	0747	0815	0835	0847
Llysfaen / Lisvane & Thornhill	d		0640	0653	0721	0740	0753	0821	0840	0853
Llanishen	d		0642	0655	0723	0742	0755	0823	0842	0855
Lefel Uchel / Heath High Level	d		0645	0658	0726	0745	0758	0826	0845	0858
Heol y Frenhines / Cardiff Queen St	☞ a		0651	0705	0734	0751	0805	0834	0851	0905
Bae Caerdydd / Cardiff Bay	a		0658	0718	0818	0758		0918	0858	
Caerdydd Canolog / Cardiff Central	☞ a			0710	0739		0810	0839		0910
Caerdydd Canolog / Cardiff Central	☞ d	0606	0640		0713	0742		0813	0842	0913
Grangetown	d	0614	0645		0717	0746		0817	0846	0917
Rhws a Maes Awyr / Rhoose & Airport	a	0707		0808			0908			1008
Heol Dingle / Dingle Road	d	0619	0650		0722	0751		0822	0851	0922
Penarth	a	0622	0653		0725	0755		0825	0855	0925

Cwm Rhymini - Caerffili - Caerdydd - Penarth				Dydd Llun i ddydd Gwener							
Rhyrny Valley - Caerphilly - Cardiff - Penarth				Mondays to Fridays							
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Rhymini / Rhyrny	d			0902			1002			1102	
Pontlotyn / Pontlottyn	d			0905			1005			1105	
Tir-phil	d			0910			1010			1110	
Brithdir	d			0913			1013			1113	
Bargoed	d	0846		0918	0946		1018	1046		1118	1146
Gilfach Fargoed	d										
Pengam	d	0851		0923	0951		1023	1051		1123	1151
Hengoed	d	0855		0927	0955		1027	1055		1127	1155
Blackwood	☞ d			0900			1000			1100	
Ystrad Mynach	☞ a	0859		0931	0959		1031	1059		1131	1159
Ystrad Mynach	☞ d	0859		0931	0959		1031	1059		1131	1159
Llanbradach	d	0904		0936	1004		1036	1104		1136	1204
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	0908		0940	1008		1040	1108		1140	1208
Aber	d	0911		0943	1011		1043	1111		1143	1211
Caerffili / Caerphilly	d	0915	0935	0947	1015	1035	1047	1115	1135	1147	1215
Llysfaen / Lisvane & Thornhill	d	0921	0940	0953	1021	1040	1053	1121	1140	1153	1221
Llanishen	d	0923	0942	0955	1023	1042	1055	1123	1142	1155	1223
Lefel Uchel / Heath High Level	d	0926	0945	0958	1026	1045	1058	1126	1145	1158	1226
Heol y Frenhines / Cardiff Queen St	☞ a	0934	0951	1005	1034	1051	1105	1134	1151	1205	1234
Bae Caerdydd / Cardiff Bay	a	1018	0958		1118	1058		1218	1158		1318
Caerdydd Canolog / Cardiff Central	☞ a	0939		1010	1039		1110	1139		1210	1239
Caerdydd Canolog / Cardiff Central	☞ d	0942		1013	1042		1113	1142		1213	1242
Grangetown	d	0946		1017	1046		1117	1146		1217	1246
Rhws a Maes Awyr / Rhoose & Airport	a		1108			1208			1308		
Heol Dingle / Dingle Road	d	0951		1022	1051		1122	1151		1222	1251
Penarth	a	0955		1025	1055		1125	1155		1225	1255

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.  
 Off-Peak Day tickets may not be valid for travel between 0430 and 0930 and for journeys starting between 1600 and 1829 Mon-Fri.  
 Please check restrictions before travel.

Cwm Rhymini - Caerffili - Caerdydd - Penarth						Dydd Llun i ddydd Gwener					
Rhyrny Valley - Caerphilly - Cardiff - Penarth						Mondays to Fridays					
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Rhymini / Rhyrny	d	1202				1302			1402		
Pontlotyn / Pontlottyn	d	1205				1305			1405		
Tir-phil	d	12 10				13 10			14 10		
Brithdir	d	12 13				13 13			14 13		
Bargoed	d	12 18	1246			13 18	1346		14 18	1446	
Gilfach Fargoed	d										
Pengam	d	1223	125 1			1323	135 1		1423	145 1	
Hengoed	d	1227	1255			1327	1355		1427	1455	
Blackwood	d	1200				1300					
Ystrad Mynach	a	123 1	1259			133 1	1359		143 1	1459	
Ystrad Mynach	d	123 1	1259			133 1	1359		143 1	1459	
Llanbradach	d	1236	1304			1336	1404		1436	1504	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1240	1308			1340	1408		1440	1508	
Aber	d	1243	13 11			1343	14 11		1443	15 11	
Caerffili / Caerphilly	d	1235	1247	13 15	1335	1347	14 15	1435	1447	15 15	1535
Llysfen / Lisvane & Thornhill	d	1240	1253	132 1	1340	1353	142 1	1440	1453	152 1	1540
Llanishen	d	1242	1255	1323	1342	1355	1423	1442	1455	1523	1542
Lefel Uchel / Heath High Level	d	1245	1258	1326	1345	1358	1426	1445	1458	1526	1545
Heol y Frenhines / Cardiff Queen St	a	125 1	1305	1334	135 1	1405	1434	145 1	1505	1534	155 1
Bae Caerdydd / Cardiff Bay	a	1258		14 18	1358		15 18	1458		16 18	1558
Caerdydd Canolog / Cardiff Central	a		13 10	1339		14 10	1439		15 10	1539	
Caerdydd Canolog / Cardiff Central	d		13 13	1342		14 13	1442		15 13	1542	
Grangetown	d		13 17	1346		14 17	1446		15 17	1546	
Rhws a Maes Awyr / Rhoose & Airport	a	1408			1508			1608			1708
Heol Dingle / Dingle Road	d		1322	135 1		1422	145 1		1522	155 1	
Penarth	a		1325	1355		1425	1455		1525	1555	

Cwm Rhymini - Caerffili - Caerdydd - Penarth						Dydd Llun i ddydd Gwener					
Rhyrny Valley - Caerphilly - Cardiff - Penarth						Mondays to Fridays					
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Rhymini / Rhyrny	d	1502				1602			1702		1802
Pontlotyn / Pontlottyn	d	1505				1605			1705		1805
Tir-phil	d	15 10				16 10			17 10		18 10
Brithdir	d	15 13				16 13			17 13		18 13
Bargoed	d	15 18	1546			16 18	1646		17 18	1746	18 18
Gilfach Fargoed	d										
Pengam	d	1523	155 1			1623	165 1		1723	175 1	1823
Hengoed	d	1527	1555			1627	1655		1727	1755	1827
Blackwood	d	1500				1600			1700		1800
Ystrad Mynach	a	153 1	1559			163 1	1659		173 1	1759	183 1
Ystrad Mynach	d	153 1	1559			163 1	1659		173 1	1759	183 1
Llanbradach	d	1536	1604			1636	1704		1736	1804	1836
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1540	1608			1640	1708		1740	1808	1840
Aber	d	1543	16 11			1643	17 11		1743	18 11	1843
Caerffili / Caerphilly	d	1547	16 15	1635	1647	17 15	1735	1747	18 15	1835	1847
Llysfen / Lisvane & Thornhill	d	1553	162 1	1640	1653	172 1	1740	1753	182 1	1840	1853
Llanishen	d	1555	1623	1642	1655	1723	1742	1755	1823	1842	1855
Lefel Uchel / Heath High Level	d	1558	1626	1645	1658	1726	1745	1758	1826	1845	1858
Heol y Frenhines / Cardiff Queen St	a	1605	1634	165 1	1705	1734	175 1	1805	1834	185 1	1905
Bae Caerdydd / Cardiff Bay	a		17 18	1658		18 18	1758		19 18	1858	
Caerdydd Canolog / Cardiff Central	a	16 10	1639		17 10	1739		1809	1839		19 10
Caerdydd Canolog / Cardiff Central	d	16 13	1642		17 13	1742		18 13	1842		19 13
Grangetown	d	16 17	1646		17 17	1746		18 17	1846		19 17
Rhws a Maes Awyr / Rhoose & Airport	a			1808			1908			2008	
Heol Dingle / Dingle Road	d	1622	165 1		1722	175 1		1822	185 1		1922
Penarth	a	1625	1655		1725	1755		1824	1855		1925

Cwm Rhymini - Caerffili - Caerdydd - Penarth						Dydd Llun i ddydd Gwener				
Rhyminy Valley - Caerphilly - Cardiff - Penarth						Mondays to Fridays				
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Rhymini / Rhyminy	d		1902			2002			2 102	
Pontlotyn / Pontlottyn	d		1905			2005			2 105	
Tir-phil	d		1910			20 10			2 110	
Brithdir	d		1913			20 13			2 113	
Bargoed	d	1846	19 18	1946		20 18	2046		2 118	2 146
Gilfach Fargoed	d									
Pengam	d	1851	1923	195 1		2023	205 1		2 123	2 15 1
Hengoed	d	1855	1927	1955		2027	2055		2 127	2 155
Blackwood	d									
Ystrad Mynach	a	1859	193 1	1959		203 1	2059		2 13 1	2 159
Ystrad Mynach	d	1859	193 1	1959		203 1	2059		2 13 1	2 159
Llanbradach	d	1904	1936	2004		2036	2 104		2 136	2204
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1908	1940	2008		2040	2 108		2 140	2208
Aber	d	1911	1943	20 11		2043	2 111		2 143	22 11
Caerffili / Caerphilly	d	19 15	1935	1947	20 15	2035	2047	2 115	2 135	2 147
Llysfen / Lisvane & Thornhill	d	192 1	1940	1953	202 1	2040	2053	2 12 1	2 140	2 153
Llanishen	d	1923	1942	1955	2023	2042	2055	2 123	2 142	2 155
Llefel Uchel / Heath High Level	d	1926	1945	1958	2026	2045	2058	2 126	2 145	2 158
Heol y Frenhines / Cardiff Queen St	a	1934	195 1	2005	2034	205 1	2 105	2 134	2 15 1	2205
Bae Caerdydd / Cardiff Bay	a		1958			2058			2 158	
Caerdydd Canolog / Cardiff Central	a	1939		20 10	2039		2 108	2 138		2209
Caerdydd Canolog / Cardiff Central	d	1942		20 13	2042		2 112	2 14 1		22 12
Grangetown	d	1947		20 17	2046		2 116	2 145		22 16
Rhws a Maes Awyr / Rhoose & Airport	a		2 108			2208	2208		2307	2307
Heol Dingle / Dingle Road	d	1952	2022	205 1		2 12 1	2 150		222 1	225 1
Penarth	a	1955	2025	2055		2 123	2 153		2224	2255

Cwm Rhymini - Caerffili - Caerdydd - Penarth						Dydd Llun i ddydd Gwener				
Rhyminy Valley - Caerphilly - Cardiff - Penarth						Mondays to Fridays				
	AW									
Rhymini / Rhyminy	d	2202								
Pontlotyn / Pontlottyn	d	2205								
Tir-phil	d	22 10								
Brithdir	d	22 13								
Bargoed	d	22 18								
Gilfach Fargoed	d									
Pengam	d	2223								
Hengoed	d	2227								
Blackwood	d									
Ystrad Mynach	a	2231								
Ystrad Mynach	d	2231								
Llanbradach	d	2236								
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	2240								
Aber	d	2243								
Caerffili / Caerphilly	d	2247								
Llysfen / Lisvane & Thornhill	d	2253								
Llanishen	d	2255								
Llefel Uchel / Heath High Level	d	2258								
Heol y Frenhines / Cardiff Queen St	a	2305								
Bae Caerdydd / Cardiff Bay	a									
Caerdydd Canolog / Cardiff Central	a	2309								
Caerdydd Canolog / Cardiff Central	d									
Grangetown	d									
Rhws a Maes Awyr / Rhoose & Airport	a									
Heol Dingle / Dingle Road	d									
Penarth	a									

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.  
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Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Gwener						
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Fridays						
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Penarth	d 0607	0633		0707	0733		0807	0833		0907
Heol Dingle / Dingle Road	d 0609	0635		0709	0735		0809	0835		0909
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	0602			0702			0802		
Grangetown	d 0614	0640	0631	0714	0740	0731	0814	0840	0831	0914
Caerdydd Canolog / Cardiff Central	a 0621	0647		0721	0746		0821	0846		0921
Caerdydd Canolog / Cardiff Central	d 0624	0650	0639	0724	0749	0739	0824	0849	0839	0924
Bae Caerdydd / Cardiff Bay	d		0706		0730	0806		0830	0906	
Heol y Frenhines / Cardiff Queen St	d 0629	0654	0713	0729	0753	0813	0829	0853	0913	0929
Lefel Uchel / Heath High Level	d 0634	0659	0718	0734	0758	0818	0834	0858	0918	0934
Llanishen	d 0638	0703	0721	0738	0802	0821	0838	0902	0921	0938
Llysfaen / Llysfaen & Thornhill	d 0641	0706	0724	0741	0805	0824	0841	0905	0924	0941
Caerffili / Caerphilly	d 0648	0712	0730a	0748	0811	0830a	0848	0911	0930a	0948
Aber	d 0653	0714		0753	0814		0853	0914		0953
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d 0656	0717		0756	0817		0856	0917		0956
Llanbradach	d 0700	0721		0800	0821		0900	0921		1000
Ystrad Mynach	a 0706	0727		0806	0827		0906	0927		1006
Ystrad Mynach	d 0706	0727		0806	0827		0906	0927		1006
Blackwood	a 0738			0856			0956			1056
Hengoed	d 0709	0730		0809	0830		0909	0930		1009
Pengam	d 0713	0734		0813	0834		0913	0934		1013
Gilfach Fargoed	d									
Bargoed	a 0722	0739		0822	0839		0922	0939		1022
Brithdir	d	0745			0845			0945		
Tir-phil	d	0748			0848			0948		
Pontlotyn / Pontlottyn	d	0753			0853			0953		
Rhymni / Rhymney	a	0757			0857			0957		

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Gwener						
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Fridays						
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Penarth	d 0933		1007	1033		1107	1133		1207	1233
Heol Dingle / Dingle Road	d 0935		1009	1035		1109	1135		1209	1235
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d 0902			1002			1102			1202
Grangetown	d 0940	0931	1015	1040	1031	1114	1140	1131	1214	1240
Caerdydd Canolog / Cardiff Central	a 0946		1021	1046		1121	1146		1221	1246
Caerdydd Canolog / Cardiff Central	d 0949	0939	1024	1049	1039	1124	1149	1139	1224	1249
Bae Caerdydd / Cardiff Bay	d 0930	1006		1030	1106		1130	1206		1230
Heol y Frenhines / Cardiff Queen St	d 0953	1014	1029	1053	1113	1129	1153	1213	1229	1253
Lefel Uchel / Heath High Level	d 0958	1020	1034	1058	1118	1134	1158	1218	1234	1258
Llanishen	d 1002	1023	1038	1102	1121	1138	1202	1221	1238	1302
Llysfaen / Llysfaen & Thornhill	d 1005	1026	1041	1105	1124	1141	1205	1224	1241	1305
Caerffili / Caerphilly	d 1011	1032a	1048	1111	1130a	1148	1211	1230a	1248	1311
Aber	d 1014		1053	1114		1153	1214		1253	1314
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d 1017		1056	1117		1156	1217		1256	1317
Llanbradach	d 1021		1100	1121		1200	1221		1300	1321
Ystrad Mynach	a 1027		1106	1127		1206	1227		1306	1327
Ystrad Mynach	d 1027		1106	1127		1206	1227		1306	1327
Blackwood	a		1156			1256			1356	
Hengoed	d 1030		1109	1130		1209	1230		1309	1330
Pengam	d 1034		1113	1134		1213	1234		1313	1334
Gilfach Fargoed	d									
Bargoed	a 1039		1122	1139		1222	1239		1322	1339
Brithdir	d 1045			1145			1245			1345
Tir-phil	d 1048			1148			1248			1348
Pontlotyn / Pontlottyn	d 1053			1153			1253			1353
Rhymni / Rhymney	a 1057			1157			1257			1357

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen  
For an explanation of standard notes and symbols, please see end of timetable

Penarth - Caerdydd - Caerffili - Cwm Rhymni						Dydd Llun i ddydd Gwener				
Penarth - Cardiff - Caerphilly - Rhymney Valley						Mondays to Fridays				
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Penarth	d	1307	1333		1407	1433		1507	1533	
Heol Dingle / Dingle Road	d	1309	1335		1409	1435		1509	1535	
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d		1302			1402			1502	
Grangetown	d	1231	1314	1340	1331	1414	1440	1431	1514	1540
Caerdydd Canolog / Cardiff Central	a		1321	1346		1421	1446		1521	1546
Caerdydd Canolog / Cardiff Central	d	1239	1324	1349	1339	1424	1449	1439	1524	1549
Bae Caerdydd / Cardiff Bay	d	1306		1330	1406		1430	1506		1530
Heol y Frenhines / Cardiff Queen St	d	1313	1329	1353	1413	1429	1453	1513	1529	1553
Lefel Uchel / Heath High Level	d	1318	1334	1358	1418	1434	1458	1518	1534	1558
Llanishen	d	1321	1338	1402	1421	1438	1502	1521	1538	1602
Llysfawr / Llysfawr & Thornhill	d	1324	1341	1405	1424	1441	1505	1524	1541	1605
Caerffili / Caerphilly	d	1330a	1348	1411	1430a	1448	1511	1530a	1548	1611
Aber	d		1353	1414		1453	1514		1553	1614
Èneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d		1356	1417		1456	1517		1556	1617
Llanbradach	d		1400	1421		1500	1521		1600	1621
Ystrad Mynach	a		1406	1427		1506	1527		1606	1627
Ystrad Mynach	d		1406	1427		1506	1527		1606	1627
Blackwood	a					1556			1656	
Hengoed	d		1409	1430		1509	1530		1609	1630
Pengam	d		1413	1434		1513	1534		1613	1634
Gilfach Fargoeid	d									
Bargoed	a		1422	1439		1522	1539		1622	1639
Brithdir	d			1445			1545			1645
Tir-phil	d			1448			1548			1648
Pontlotyn / Pontlottyn	d			1453			1553			1653
Rhymni / Rhymney	a			1457			1557			1657

Penarth - Caerdydd - Caerffili - Cwm Rhymni						Dydd Llun i ddydd Gwener				
Penarth - Cardiff - Caerphilly - Rhymney Valley						Mondays to Fridays				
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Penarth	d	1607	1633		1707	1733		1807	1833	1907
Heol Dingle / Dingle Road	d	1609	1635		1709	1735		1809	1835	1909
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d		1602			1702			1802	
Grangetown	d	1614	1640	1631	1714	1740	1731	1815	1840	1831
Caerdydd Canolog / Cardiff Central	a	1621	1646		1721	1746		1821	1846	1921
Caerdydd Canolog / Cardiff Central	d	1624	1649	1639	1724	1749	1739	1824	1849	1839
Bae Caerdydd / Cardiff Bay	d		1630	1706		1730	1806		1830	1906
Heol y Frenhines / Cardiff Queen St	d	1629	1653	1713	1729	1753	1813	1829	1853	1913
Lefel Uchel / Heath High Level	d	1634	1658	1718	1734	1758	1818	1834	1858	1918
Llanishen	d	1638	1702	1721	1738	1802	1821	1838	1902	1921
Llysfawr / Llysfawr & Thornhill	d	1641	1705	1724	1741	1805	1824	1841	1905	1924
Caerffili / Caerphilly	d	1648	1711	1730a	1748	1811	1830a	1848	1911	1930a
Aber	d	1653	1714		1753	1814		1853	1914	1953
Èneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1656	1717		1756	1817		1856	1917	1956
Llanbradach	d	1700	1721		1800	1821		1900	1921	2000
Ystrad Mynach	a	1706	1727		1806	1827		1906	1927	2006
Ystrad Mynach	d	1706	1727		1806	1827		1906	1927	2006
Blackwood	a	1756			1856					
Hengoed	d	1709	1730		1809	1830		1909	1930	2009
Pengam	d	1713	1734		1813	1834		1913	1934	2013
Gilfach Fargoeid	d									
Bargoed	a	1722	1739		1822	1839		1922	1939	2022
Brithdir	d		1745			1845			1945	
Tir-phil	d		1748			1848			1948	
Pontlotyn / Pontlottyn	d		1753			1853			1953	
Rhymni / Rhymney	a		1757			1857			1957	

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.  
Off-Peak Day tickets may not be valid for travel between 0430 and 0930 and for journeys starting between 1600 and 1829 Mon-Fri.  
Please check restrictions before travel.

Penarth - Caerdydd - Caerffili - Cwm Rhymni		Dydd Llun i ddydd Gwener								
Penarth - Cardiff - Caerphilly - Rhymney Valley		Mondays to Fridays								
		AW	AW	AW	AW	AW	AW	AW	AW	AW
Penarth	d	1933		2007	2033		2 107	2 133		2207
Heol Dingle / Dingle Road	d	1935		2009	2035		2 109	2 135		2209
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	1902	1902		2002	2002		2 102	2 102	
Grangetown	d	1940	1931	20 15	2040	2031	2 114	2 140	2 131	22 14
Caerdydd Canolog / Cardiff Central	a	1946		202 1	2046		2 12 1	2 146		222 1
Caerdydd Canolog / Cardiff Central	d	1949	1939	2024	2049	2040	2 124	2 149	2 139	2224
Bae Caerdydd / Cardiff Bay	d	1930	2006			2 106			2206	
Heol y Frenhines / Cardiff Queen St	d	1953	20 13	2032	2053	2 113	2 129	2 153	22 13	2229
Lefel Uchel / Heath High Level	d	1958	20 18	2037	2 103	2 118	2 134	2 158	22 18	2234
Llanishen	d	2002	202 1	204 1	2 107	2 12 1	2 138	2202	222 1	2238
Llysfaen / Lisvane & Thornhill	d	2005	2024	2044	2 110	2 124	2 14 1	2205	2224	224 1
Caerffili / Caerphilly	d	20 11	2030a	2049	2 116	2 130a	2 148	22 11	2230a	2248
Aber	d	20 14		2054	2 119		2 153	22 14		2253
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	20 17		2057	2 122		2 156	22 17		2256
Llanbradach	d	202 1		2 10 1	2 126		2200	222 1		2300
Ystrad Mynach	a	2027		2 107	2 132		2206	2227		2306
Ystrad Mynach Blackwood	d	2027		2 107	2 132		2206	2227		2306
Hengoed	d	2030		2 110	2 135		2209	2230		2309
Pengam	d	2034		2 114	2 139		22 13	2234		23 13
Gilfach Fargoed	d									
Bargoed	a	2039		2 123	2 144		2222	2239		23 18
Brithdir	d	2045			2 150		2227	2245		2322
Tir-phil	d	2048			2 153		2230	2248		2325
Pontlotyn / Pontlottyn	d	2053			2 158		2235	2253		2329
Rhymni / Rhymney	a	2057			2202		2239	2257		2333

Penarth - Caerdydd - Caerffili - Cwm Rhymni		Dydd Llun i ddydd Gwener								
Penarth - Cardiff - Caerphilly - Rhymney Valley		Mondays to Fridays								
		AW	AW							
Penarth	d	2233	2307							
Heol Dingle / Dingle Road	d	2235	2309							
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	2202	2202							
Grangetown	d	2239	23 14							
Caerdydd Canolog / Cardiff Central	a	2245	2320							
Caerdydd Canolog / Cardiff Central	d									
Bae Caerdydd / Cardiff Bay	d									
Heol y Frenhines / Cardiff Queen St	d									
Lefel Uchel / Heath High Level	d									
Llanishen	d									
Llysfaen / Lisvane & Thornhill	d									
Caerffili / Caerphilly	d									
Aber	d									
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d									
Llanbradach	d									
Ystrad Mynach	a									
Ystrad Mynach Blackwood	d									
Hengoed	d									
Pengam	d									
Gilfach Fargoed	d									
Bargoed	a									
Brithdir	d									
Tir-phil	d									
Pontlotyn / Pontlottyn	d									
Rhymni / Rhymney	a									



Cwm Rhymini - Caerffili - Caerdydd - Penarth										Dydd Sadwrn
Rhymney Valley - Caerphilly - Cardiff - Penarth										Saturdays
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Rhymini / Rhymney	d				0602			0702		0802
Pontlotyn / Pontlottyn	d				0605			0705		0805
Tir-phil	d				0610			0710		0810
Brithdir	d				0613			0713		0813
Bargoed	d				0618	0646		0718	0746	0818
Gilfach Fargoed	d									
Pengam	d				0623	0651		0723	0751	0823
Hengoed	d				0627	0655		0727	0755	0827
Blackwood	☞ d								0740	
Ystrad Mynach	☞☞ a				0631	0659		0731	0759	0831
Ystrad Mynach	☞☞ d				0631	0659		0731	0759	0831
Llanbradach	d				0636	0704		0736	0804	0836
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d				0640	0708		0740	0808	0840
Aber	d				0643	0711		0743	0811	0843
Caerffili / Caerphilly	d		0635	0647	0715	0735	0747	0815	0835	0847
Llysfen / Lisvane & Thornhill	d		0640	0653	0721	0740	0753	0821	0840	0853
Llanishen	d		0642	0655	0723	0742	0755	0823	0842	0855
Lefel Uchel / Heath High Level	d		0645	0658	0726	0745	0758	0826	0845	0858
Heol y Frenhines / Cardiff Queen St	☞ a		0651	0705	0734	0751	0805	0834	0851	0905
Bae Caerdydd / Cardiff Bay	a		0658	0718	0818	0758		0918	0858	
Caerdydd Canolog / Cardiff Central	☞ a				0710	0739		0810	0839	0910
Caerdydd Canolog / Cardiff Central	☞ d	0606	0640		0713	0742		0813	0842	0913
Grangetown	d	0614	0645		0717	0746		0817	0846	0917
Rhws a Maes Awyr / Rhoose & Airport	a	0707		0808			0908			1008
Heol Dingle / Dingle Road	d	0619	0650		0722	0751		0822	0851	0922
Penarth	a	0622	0653		0725	0755		0825	0855	0925

Cwm Rhymini - Caerffili - Caerdydd - Penarth										Dydd Sadwrn
Rhymney Valley - Caerphilly - Cardiff - Penarth										Saturdays
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Rhymini / Rhymney	d			0902			1002			1102
Pontlotyn / Pontlottyn	d			0905			1005			1105
Tir-phil	d			0910			1010			1110
Brithdir	d			0913			1013			1113
Bargoed	d	0846		0918	0946		1018	1046		1118
Gilfach Fargoed	d									1146
Pengam	d	0851		0923	0951		1023	1051		1123
Hengoed	d	0855		0927	0955		1027	1055		1127
Blackwood	☞ d			0900			1000			1100
Ystrad Mynach	☞☞ a	0859		0931	0959		1031	1059		1131
Ystrad Mynach	☞☞ d	0859		0931	0959		1031	1059		1131
Llanbradach	d	0904		0936	1004		1036	1104		1136
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	0908		0940	1008		1040	1108		1140
Aber	d	0911		0943	1011		1043	1111		1143
Caerffili / Caerphilly	d	0915	0935	0947	1015	1035	1047	1115	1135	1147
Llysfen / Lisvane & Thornhill	d	0921	0940	0953	1021	1040	1053	1121	1140	1153
Llanishen	d	0923	0942	0955	1023	1042	1055	1123	1142	1155
Lefel Uchel / Heath High Level	d	0926	0945	0958	1026	1045	1058	1126	1145	1158
Heol y Frenhines / Cardiff Queen St	☞ a	0934	0951	1005	1034	1051	1105	1134	1151	1205
Bae Caerdydd / Cardiff Bay	a	1018	0958		1118	1058		1218	1158	1318
Caerdydd Canolog / Cardiff Central	☞ a	0939		1010	1039		1110	1139		1210
Caerdydd Canolog / Cardiff Central	☞ d	0942		1013	1042		1113	1142		1213
Grangetown	d	0946		1017	1046		1117	1146		1217
Rhws a Maes Awyr / Rhoose & Airport	a		1108			1208			1308	
Heol Dingle / Dingle Road	d	0951		1022	1051		1122	1151		1222
Penarth	a	0955		1025	1055		1125	1155		1225

Cwm Rhymni - Caerffili - Caerdydd - Penarth										Dydd Sadwrn	
Rhymney Valley - Caerphilly - Cardiff - Penarth										Saturdays	
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Rhymni / Rhymney	d	1202				1302				1402	
Pontlotyn / Pontlottyn	d	1205				1305				1405	
Tir-phil	d	12 10				13 10				14 10	
Brithdir	d	12 13				13 13				14 13	
Bargoed	d	12 18	1246			13 18	1346			14 18	1446
Gilfach Fargoed	d										
Pengam	d	1223	125 1			1323	135 1			1423	145 1
Hengoed	d	1227	1255			1327	1355			1427	1455
Blackwood	d	1200				1300					
Ystrad Mynach	a	123 1	1259			133 1	1359			143 1	1459
Ystrad Mynach	d	123 1	1259			133 1	1359			143 1	1459
Llanbradach	d	1236	1304			1336	1404			1436	1504
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1240	1308			1340	1408			1440	1508
Aber	d	1243	13 11			1343	14 11			1443	15 11
Caerffili / Caerphilly	d	1235	1247	13 15	1335	1347	14 15	1435	1447	15 15	1535
Llysfaen / Lisvane & Thornhill	d	1240	1253	132 1	1340	1353	142 1	1440	1453	152 1	1540
Llanishen	d	1242	1255	1323	1342	1355	1423	1442	1455	1523	1542
Lefel Uchel / Heath High Level	d	1245	1258	1326	1345	1358	1426	1445	1458	1526	1545
Heol y Frenhines / Cardiff Queen St	a	125 1	1305	1334	135 1	1405	1434	145 1	1505	1534	155 1
Bae Caerdydd / Cardiff Bay	a	1258		14 18	1358		15 18	1458		16 18	1558
Caerdydd Canolog / Cardiff Central	a		13 10	1339		14 10	1439		15 10	1539	
Caerdydd Canolog / Cardiff Central	d		13 13	1342		14 13	1442		15 13	1542	
Grangetown	d		13 17	1346		14 17	1446		15 17	1546	
Rhws a Maes Awyr / Rhoose & Airport	a	1408			1508			1608			1708
Heol Dingle / Dingle Road	d		1322	135 1		1422	145 1		1522	155 1	
Penarth	a		1325	1355		1425	1455		1525	1555	

Cwm Rhymni - Caerffili - Caerdydd - Penarth										Dydd Sadwrn	
Rhymney Valley - Caerphilly - Cardiff - Penarth										Saturdays	
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Rhymni / Rhymney	d	1502				1602				1702	1802
Pontlotyn / Pontlottyn	d	1505				1605				1705	1805
Tir-phil	d	15 10				16 10				17 10	18 10
Brithdir	d	15 13				16 13				17 13	18 13
Bargoed	d	15 18	1546			16 18	1646			17 18	1746
Gilfach Fargoed	d										
Pengam	d	1523	155 1			1623	165 1			1723	175 1
Hengoed	d	1527	1555			1627	1655			1727	1755
Blackwood	d	1500				1600				1700	1800
Ystrad Mynach	a	153 1	1559			163 1	1659			173 1	1759
Ystrad Mynach	d	153 1	1559			163 1	1659			173 1	1759
Llanbradach	d	1536	1604			1636	1704			1736	1804
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1540	1608			1640	1708			1740	1808
Aber	d	1543	16 11			1643	17 11			1743	18 11
Caerffili / Caerphilly	d	1547	16 15	1635	1647	17 15	1735	1747	18 15	1835	1847
Llysfaen / Lisvane & Thornhill	d	1553	162 1	1640	1653	172 1	1740	1753	182 1	1840	1853
Llanishen	d	1555	1623	1642	1655	1723	1742	1755	1823	1842	1855
Lefel Uchel / Heath High Level	d	1558	1626	1645	1658	1726	1745	1758	1826	1845	1858
Heol y Frenhines / Cardiff Queen St	a	1605	1634	165 1	1705	1734	175 1	1805	1834	185 1	1905
Bae Caerdydd / Cardiff Bay	a		17 18	1658		18 18	1758		19 18	1858	
Caerdydd Canolog / Cardiff Central	a	16 10	1639		17 10	1739		1809	1839		19 10
Caerdydd Canolog / Cardiff Central	d	16 13	1642		17 13	1742		18 13	1842		19 13
Grangetown	d	16 17	1646		17 17	1746		18 17	1846		19 17
Rhws a Maes Awyr / Rhoose & Airport	a			1808			1908			2008	
Heol Dingle / Dingle Road	d	1622	165 1		1722	175 1		1822	185 1		1922
Penarth	a	1625	1655		1725	1755		1824	1855		1925

Cwm Rhymini - Caerffili - Caerdydd - Penarth										Dydd Sadwrn
Rhyrney Valley - Caerphilly - Cardiff - Penarth										Saturdays
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Rhyrney / Rhyrney	d		1902			2002			2 102	
Pontlotyn / Pontlottyn	d		1905			2005			2 105	
Tir-phil	d		1910			20 10			2 110	
Brithdir	d		1913			20 13			2 113	
Bargoed	d	1846	19 18	1946		20 18	2046		2 118	2 146
Gilfach Fargoed	d									
Pengam	d	1851	1923	195 1		2023	205 1		2 123	2 15 1
Hengoed	d	1855	1927	1955		2027	2055		2 127	2 155
Blackwood	d									
Ystrad Mynach	a	1859	193 1	1959		203 1	2059		2 13 1	2 159
Ystrad Mynach	d	1859	193 1	1959		203 1	2059		2 13 1	2 159
Llanbradach	d	1904	1936	2004		2036	2 104		2 136	2204
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1908	1940	2008		2040	2 108		2 140	2208
Aber	d	1911	1943	20 11		2043	2 111		2 143	22 11
Caerffili / Caerphilly	d	19 15	1935	1947	20 15	2035	2047	2 115	2 135	2 147
Llysfen / Llysfen & Thornhill	d	192 1	1940	1953	202 1	2040	2053	2 12 1	2 140	2 153
Llanishen	d	1923	1942	1955	2023	2042	2055	2 123	2 142	2 155
Llefel Uchel / Heath High Level	d	1926	1945	1958	2026	2045	2058	2 126	2 145	2 158
Heol y Frenhines / Cardiff Queen St	a	1934	195 1	2005	2034	205 1	2 105	2 134	2 15 1	2205
Bae Caerdydd / Cardiff Bay	a		1958			2058			2 158	
Caerdydd Canolog / Cardiff Central	a	1939		20 10	2039		2 108	2 138		2209
Caerdydd Canolog / Cardiff Central	d	1942		20 13	2042		2 112	2 14 1		22 12
Grangetown	d	1947		20 17	2046		2 116	2 145		22 16
Rhws a Maes Awyr / Rhoose & Airport	a		2 108			2208				
Heol Dingle / Dingle Road	d	1952	2022	205 1		2 12 1	2 150		222 1	225 1
Penarth	a	1955	2025	2055		2 123	2 153		2224	2255

Cwm Rhymini - Caerffili - Caerdydd - Penarth										Dydd Sadwrn
Rhyrney Valley - Caerphilly - Cardiff - Penarth										Saturdays
	AW									
Rhyrney / Rhyrney	d	2202								
Pontlotyn / Pontlottyn	d	2205								
Tir-phil	d	22 10								
Brithdir	d	22 13								
Bargoed	d	22 18								
Gilfach Fargoed	d									
Pengam	d	2223								
Hengoed	d	2227								
Blackwood	d									
Ystrad Mynach	a	2231								
Ystrad Mynach	d	2231								
Llanbradach	d	2236								
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	2240								
Aber	d	2243								
Caerffili / Caerphilly	d	2247								
Llysfen / Llysfen & Thornhill	d	2253								
Llanishen	d	2255								
Llefel Uchel / Heath High Level	d	2258								
Heol y Frenhines / Cardiff Queen St	a	2305								
Bae Caerdydd / Cardiff Bay	a									
Caerdydd Canolog / Cardiff Central	a	2309								
Caerdydd Canolog / Cardiff Central	d									
Grangetown	d									
Rhws a Maes Awyr / Rhoose & Airport	a									
Heol Dingle / Dingle Road	d									
Penarth	a									

Penarth - Caerdydd - Caerffili - Cwm Rhymni										Dydd Sadwrn
Penarth - Cardiff - Caerphilly - Rhymer Valley										Saturdays
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Penarth	d 0607	0633		0707	0733		0807	0833		0907
Heol Dingle / Dingle Road	d 0609	0635		0709	0735		0809	0835		0909
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	0602			0702			0802		
Grangetown	d 0614	0640	0631	0714	0740	0731	0814	0840	0831	0914
Caerdydd Canolog / Cardiff Central	a 0621	0647		0721	0746		0821	0846		0921
Caerdydd Canolog / Cardiff Central	d 0624	0650	0639	0724	0749	0739	0824	0849	0839	0924
Bae Caerdydd / Cardiff Bay	d		0706		0730	0806		0830	0906	
Heol y Frenhines / Cardiff Queen St	d 0629	0654	0713	0729	0753	0813	0829	0853	0913	0929
Lefel Uchel / Heath High Level	d 0634	0659	0718	0734	0758	0818	0834	0858	0918	0934
Llanishen	d 0638	0703	0721	0738	0802	0821	0838	0902	0921	0938
Llysfaen / Llysfaen & Thornhill	d 0641	0706	0724	0741	0805	0824	0841	0905	0924	0941
Caerffili / Caerphilly	d 0648	0712	0730a	0748	0811	0830a	0848	0911	0930a	0948
Aber	d 0653	0714		0753	0814		0853	0914		0953
Eneir-glyn a Pharc Churchill / Energlyn & Churchill Park	d 0656	0717		0756	0817		0856	0917		0956
Llanbradach	d 0700	0721		0800	0821		0900	0921		1000
Ystrad Mynach	a 0706	0727		0806	0827		0906	0927		1006
Ystrad Mynach	d 0706	0727		0806	0827		0906	0927		1006
Blackwood	a 0738			0856			0956			1056
Hengoed	d 0709	0730		0809	0830		0909	0930		1009
Pengam	d 0713	0734		0813	0834		0913	0934		1013
Gilfach Fargoed	d									
Bargoed	a 0722	0739		0822	0839		0922	0939		1022
Brithdir	d	0745			0845			0945		
Tir-phil	d	0748			0848			0948		
Pontlotyn / Pontlottyn	d	0753			0853			0953		
Rhymni / Rhymney	a	0757			0857			0957		

Penarth - Caerdydd - Caerffili - Cwm Rhymni										Dydd Sadwrn
Penarth - Cardiff - Caerphilly - Rhymer Valley										Saturdays
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Penarth	d 0933		1007	1033		1107	1133		1207	1233
Heol Dingle / Dingle Road	d 0935		1009	1035		1109	1135		1209	1235
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d 0902			1002			1102			1202
Grangetown	d 0940	0931	1015	1040	1031	1114	1140	1131	1214	1240
Caerdydd Canolog / Cardiff Central	a 0946		1021	1046		1121	1146		1221	1246
Caerdydd Canolog / Cardiff Central	d 0949	0939	1024	1049	1039	1124	1149	1139	1224	1249
Bae Caerdydd / Cardiff Bay	d 0930	1006		1030	1106		1130	1206		1230
Heol y Frenhines / Cardiff Queen St	d 0953	1013	1029	1053	1113	1129	1153	1213	1229	1253
Lefel Uchel / Heath High Level	d 0958	1018	1034	1058	1118	1134	1158	1218	1234	1258
Llanishen	d 1002	1021	1038	1102	1121	1138	1202	1221	1238	1302
Llysfaen / Llysfaen & Thornhill	d 1005	1024	1041	1105	1124	1141	1205	1224	1241	1305
Caerffili / Caerphilly	d 1011	1030a	1048	1111	1130a	1148	1211	1230a	1248	1311
Aber	d 1014		1053	1114		1153	1214		1253	1314
Eneir-glyn a Pharc Churchill / Energlyn & Churchill Park	d 1017		1056	1117		1156	1217		1256	1317
Llanbradach	d 1021		1100	1121		1200	1221		1300	1321
Ystrad Mynach	a 1027		1106	1127		1206	1227		1306	1327
Ystrad Mynach	d 1027		1106	1127		1206	1227		1306	1327
Blackwood	a		1156			1256			1356	
Hengoed	d 1030		1109	1130		1209	1230		1309	1330
Pengam	d 1034		1113	1134		1213	1234		1313	1334
Gilfach Fargoed	d									
Bargoed	a 1039		1122	1139		1222	1239		1322	1339
Brithdir	d 1045			1145			1245			1345
Tir-phil	d 1048			1148			1248			1348
Pontlotyn / Pontlottyn	d 1053			1153			1253			1353
Rhymni / Rhymney	a 1057			1157			1257			1357

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen  
For an explanation of standard notes and symbols, please see end of timetable

Penarth - Caerdydd - Caerffili - Cwm Rhymni										Dydd Sadwrn
Penarth - Cardiff - Caerphilly - Rhymer Valley										Saturdays
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Penarth	d	1307	1333		1407	1433		1507	1533	
Heol Dingle / Dingle Road	d	1309	1335		1409	1435		1509	1535	
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d		1302			1402			1502	
Grangetown	d	1231	1314	1340	1331	1414	1440	1431	1514	1540
Caerdydd Canolog / Cardiff Central	a		1321	1346		1421	1446		1521	1546
Caerdydd Canolog / Cardiff Central	d	1239	1324	1349	1339	1424	1449	1439	1524	1549
Bae Caerdydd / Cardiff Bay	d	1306		1330	1406		1430	1506		1530
Heol y Frenhines / Cardiff Queen St	d	1313	1329	1353	1413	1429	1453	1513	1529	1553
Lefel Uchel / Heath High Level	d	1318	1334	1358	1418	1434	1458	1518	1534	1558
Llanishen	d	1321	1338	1402	1421	1438	1502	1521	1538	1602
Llysfaen / Llysfaen & Thornhill	d	1324	1341	1405	1424	1441	1505	1524	1541	1605
Caerffili / Caerphilly	d	1330a	1348	1411	1430a	1448	1511	1530a	1548	1611
Aber	d		1353	1414		1453	1514		1553	1614
Eneir-glyn a Pharc Churchill / Energlyn & Churchill Park	d		1356	1417		1456	1517		1556	1617
Llanbradach	d		1400	1421		1500	1521		1600	1621
Ystrad Mynach	a		1406	1427		1506	1527		1606	1627
Ystrad Mynach	d		1406	1427		1506	1527		1606	1627
Blackwood	a					1556			1656	
Hengoed	d		1409	1430		1509	1530		1609	1630
Pengam	d		1413	1434		1513	1534		1613	1634
Gilfach Fargoed	d									
Bargoed	a		1422	1439		1522	1539		1622	1639
Brithdir	d			1445			1545			1645
Tir-phil	d			1448			1548			1648
Pontlotyn / Pontlottyn	d			1453			1553			1653
Rhymni / Rhymney	a			1457			1557			1657

Penarth - Caerdydd - Caerffili - Cwm Rhymni										Dydd Sadwrn
Penarth - Cardiff - Caerphilly - Rhymer Valley										Saturdays
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Penarth	d	1607	1633		1707	1733		1807	1833	1907
Heol Dingle / Dingle Road	d	1609	1635		1709	1735		1809	1835	1909
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d		1602			1702			1802	
Grangetown	d	1614	1640	1631	1714	1740	1731	1815	1840	1831
Caerdydd Canolog / Cardiff Central	a	1621	1646		1721	1746		1821	1846	1921
Caerdydd Canolog / Cardiff Central	d	1624	1649	1639	1724	1749	1739	1824	1849	1839
Bae Caerdydd / Cardiff Bay	d		1630	1706		1730	1806		1830	1906
Heol y Frenhines / Cardiff Queen St	d	1629	1653	1713	1729	1753	1813	1829	1853	1913
Lefel Uchel / Heath High Level	d	1634	1658	1718	1734	1758	1818	1834	1858	1918
Llanishen	d	1638	1702	1721	1738	1802	1821	1838	1902	1921
Llysfaen / Llysfaen & Thornhill	d	1641	1705	1724	1741	1805	1824	1841	1905	1924
Caerffili / Caerphilly	d	1648	1711	1730a	1748	1811	1830a	1848	1911	1930a
Aber	d	1653	1714		1753	1814		1853	1914	1953
Eneir-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1656	1717		1756	1817		1856	1917	1956
Llanbradach	d	1700	1721		1800	1821		1900	1921	2000
Ystrad Mynach	a	1706	1727		1806	1827		1906	1927	2006
Ystrad Mynach	d	1706	1727		1806	1827		1906	1927	2006
Blackwood	a	1756			1856					
Hengoed	d	1709	1730		1809	1830		1909	1930	2009
Pengam	d	1713	1734		1813	1834		1913	1934	2013
Gilfach Fargoed	d									
Bargoed	a	1722	1739		1822	1839		1922	1939	2022
Brithdir	d		1745			1845			1945	
Tir-phil	d		1748			1848			1948	
Pontlotyn / Pontlottyn	d		1753			1853			1953	
Rhymni / Rhymney	a		1757			1857			1957	

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen  
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Penarth - Caerdydd - Caerffili - Cwm Rhymni											Dydd Sadwrn
Penarth - Cardiff - Caerphilly - Rhyrne Valley											Saturdays
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW	
Penarth	d	1933		2007	2033		2 107	2 133		2207	
Heol Dingle / Dingle Road	d	1935		2009	2035		2 109	2 135		2209	
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	1902			2002			2 102			
Grangetown	d	1940	1931	20 15	2040	2031	2 114	2 140	2 131	22 14	
Caerdydd Canolog / Cardiff Central	a	1946		202 1	2046		2 12 1	2 146		222 1	
Caerdydd Canolog / Cardiff Central	d	1949	1939	2024	2049	2040	2 124	2 149	2 139	2224	
Bae Caerdydd / Cardiff Bay	d	1930	2006			2 106			2206		
Heol y Frenhines / Cardiff Queen St	d	1953	20 13	2032	2053	2 113	2 129	2 153	22 13	2229	
Lefel Uchel / Heath High Level	d	1958	20 18	2037	2 103	2 118	2 134	2 158	22 18	2234	
Llanishen	d	2002	202 1	204 1	2 107	2 12 1	2 138	2202	222 1	2238	
Llysfaen / Lisvane & Thornhill	d	2005	2024	2044	2 110	2 124	2 14 1	2205	2224	224 1	
Caerffili / Caerphilly	d	20 11	2030a	2049	2 116	2 130a	2 148	22 11	2230a	2248	
Aber	d	20 14		2054	2 119		2 153	22 14		2253	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	20 17		2057	2 122		2 156	22 17		2256	
Llanbradach	d	202 1		2 10 1	2 126		2200	222 1		2300	
Ystrad Mynach	a	2027		2 107	2 132		2206	2227		2306	
Ystrad Mynach Blackwood	d	2027		2 107	2 132		2206	2227		2306	
Hengoed	d	2030		2 110	2 135		2209	2230		2309	
Pengam	d	2034		2 114	2 139		22 13	2234		23 13	
Gilfach Fargoed	d										
Bargoed	a	2039		2 123	2 144		2222	2239		23 18	
Brithdir	d	2045			2 150		2227	2245		2322	
Tir-phil	d	2048			2 153		2230	2248		2325	
Pontlotyn / Pontlottyn	d	2053			2 158		2235	2253		2329	
Rhymni / Rhymney	a	2057			2202		2239	2257		2333	

Penarth - Caerdydd - Caerffili - Cwm Rhymni											Dydd Sadwrn
Penarth - Cardiff - Caerphilly - Rhyrne Valley											Saturdays
	AW	AW									
Penarth	d	2233	2307								
Heol Dingle / Dingle Road	d	2235	2309								
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	2202									
Grangetown	d	2239	23 14								
Caerdydd Canolog / Cardiff Central	a	2245	2320								
Caerdydd Canolog / Cardiff Central	d										
Bae Caerdydd / Cardiff Bay	d										
Heol y Frenhines / Cardiff Queen St	d										
Lefel Uchel / Heath High Level	d										
Llanishen	d										
Llysfaen / Lisvane & Thornhill	d										
Caerffili / Caerphilly	d										
Aber	d										
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d										
Llanbradach	d										
Ystrad Mynach	a										
Ystrad Mynach Blackwood	d										
Hengoed	d										
Pengam	d										
Gilfach Fargoed	d										
Bargoed	a										
Brithdir	d										
Tir-phil	d										
Pontlotyn / Pontlottyn	d										
Rhymni / Rhymney	a										

Cwm Rhymini - Caerffili - Caerdydd - Penarth										Dydd Sul
Rhyrney Valley - Caerphilly - Cardiff - Penarth										Sundays
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Rhyrni / Rhyrney	d	0900			10 13		11 12		12 13	13 12
Pontlotyn / Pontlottyn	d	0903			10 16		11 15		12 16	13 15
Tir-phil	d	0908			10 21		11 19		12 21	13 19
Brithdir	d	09 10			10 23		11 22		12 23	13 22
Bargoed	d	09 15			10 28		11 26		12 28	13 26
Gilfach Fargoed	d									
Pengam	d	09 20			10 33		11 31		12 33	13 31
Hengoed	d	09 23			10 36		11 35		12 36	13 35
Blackwood	d									
Ystrad Mynach	3	09 27			10 40		11 38		12 40	13 38
Ystrad Mynach	3	09 27			10 40		11 38		12 40	13 38
Llanbradach	d	09 31			10 44		11 43		12 44	13 43
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	09 35			10 48		11 46		12 48	13 46
Aber	d	09 37			10 50		11 49		12 50	13 49
Caerffili / Caerphilly	d	09 40	10 10	10 53	11 10	11 52	12 10	12 53	13 10	13 52
Llysfaen / Lisvane & Thornhill	d	09 44	10 14	10 58	11 14	11 56	12 14	12 58	13 14	13 56
Llanishen	d	09 46	10 16	11 00	11 16	11 58	12 16	13 00	13 16	13 58
Lefel Uchel / Heath High Level	d	09 49	10 19	11 03	11 19	12 01	12 19	13 03	13 19	14 01
Heol y Frenhines / Cardiff Queen St	3	09 55	10 26	11 09	11 26	12 07	12 26	13 09	13 26	14 07
Bae Caerdydd / Cardiff Bay	a	10 34	11 04	11 34	12 04	12 34	13 04	13 34	14 04	14 34
Caerdydd Canolog / Cardiff Central	3	09 59	10 34	11 14	11 34	12 11	12 34	13 14	13 34	14 11
Caerdydd Canolog / Cardiff Central	3	09 16			11 16				13 16	
Grangetown	d	09 20			11 20				13 20	
Rhws a Maes Awyr / Rhoose & Airport	a	11 12				13 12				15 12
Heol Dingle / Dingle Road	d	09 26			11 24				13 24	
Penarth	a	09 31			11 29				13 29	

Cwm Rhymini - Caerffili - Caerdydd - Penarth										Dydd Sul
Rhyrney Valley - Caerphilly - Cardiff - Penarth										Sundays
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Rhyrni / Rhyrney	d	14 13			15 13		16 13		17 12	18 13
Pontlotyn / Pontlottyn	d	14 16			15 16		16 16		17 15	18 16
Tir-phil	d	14 21			15 21		16 21		17 19	18 21
Brithdir	d	14 23			15 23		16 23		17 22	18 23
Bargoed	d	14 28			15 28		16 28		17 26	18 28
Gilfach Fargoed	d									
Pengam	d	14 33			15 33		16 33		17 31	18 33
Hengoed	d	14 36			15 36		16 36		17 35	18 36
Blackwood	d									
Ystrad Mynach	3	14 40			15 40		16 40		17 38	18 40
Ystrad Mynach	3	14 40			15 40		16 40		17 38	18 40
Llanbradach	d	14 44			15 44		16 44		17 43	18 44
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	14 48			15 48		16 48		17 46	18 48
Aber	d	14 50			15 50		16 50		17 49	18 50
Caerffili / Caerphilly	d	14 10	14 53	15 10	15 53	16 10	16 53	17 10	17 52	18 10
Llysfaen / Lisvane & Thornhill	d	14 14	14 58	15 14	15 58	16 14	16 58	17 14	17 56	18 14
Llanishen	d	14 16	15 00	15 16	16 00	16 16	17 00	17 16	17 58	18 16
Lefel Uchel / Heath High Level	d	14 19	15 03	15 19	16 03	16 19	17 03	17 19	18 01	18 19
Heol y Frenhines / Cardiff Queen St	3	14 26	15 09	15 26	16 09	16 26	17 09	17 26	18 07	18 26
Bae Caerdydd / Cardiff Bay	a	15 04	15 34	16 04	16 34	17 04	17 34	18 04	18 34	19 04
Caerdydd Canolog / Cardiff Central	3	14 34	15 14	15 34	16 14	16 34	17 14	17 34	18 11	18 34
Caerdydd Canolog / Cardiff Central	3		15 16		16 16		17 16			19 16
Grangetown	d	15 20			16 20		17 20			19 20
Rhws a Maes Awyr / Rhoose & Airport	a				17 12		18 12		19 12	
Heol Dingle / Dingle Road	d	15 24			16 24		17 24			19 24
Penarth	a	15 29			16 29		17 29			19 30

	AW	AW	AW	AW	AW					
Rhymini / Rhyrney	d	1921		2012						
Pontlotyn / Pontlottyn	d	1924		2015						
Tir-phil	d	1929		2020						
Brithdir	d	1931		2022						
Bargoed	d	1936		2027						
Gilfach Fargoed	d									
Pengam	d	1941		2032						
Hengoed	d	1945		2035						
Blackwood	d									
Ystrad Mynach	a	1948		2039						
Ystrad Mynach	d	1948		2039						
Llanbradach	d	1953		2043						
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1956		2047						
Aber	d	1959		2049						
Caerffili / Caerphilly	d	1910	2002	2010	2052	2110				
Llysfen / Lisvane & Thornhill	d	1914	2007	2014	2057	2114				
Llanishen	d	1916	2009	2016	2059	2116				
Lefel Uchel / Heath High Level	d	1919	2012	2019	2102	2119				
Heol y Frenhines / Cardiff Queen St	a	1926	2021	2026	2108	2125				
Bae Caerdydd / Cardiff Bay	a	2004	2034	2104	2134					
Caerdydd Canolog / Cardiff Central	a	1934	2028	2034	2112	2130				
Caerdydd Canolog / Cardiff Central	d		2032							
Grangetown	d		2036							
Rhws a Maes Awyr / Rhoose & Airport	a		2112							
Heol Dingle / Dingle Road	d		2041							
Penarth	a		2046							

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyio ar drenau. Cyn teithio ewch i [www.trctrenau.cymru](http://www.trctrenau.cymru) neu ffoniwch 03457 484 950.

Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit [www.tfwrail.wales](http://www.tfwrail.wales) or call 03457 484 950.



Penarth - Caerdydd - Caerffili - Cwm Rhywni										Dydd Sul
Penarth - Cardiff - Caerphilly - Rhydney Valley										Sundays
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Penarth	d			0947				1147		
Heol Dingle / Dingle Road	d			0949				1149		
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d						1006			1206
Grangetown	d			0953			1034	1153		1234
Caerdydd Canolog / Cardiff Central	a			1001				1201		
Caerdydd Canolog / Cardiff Central	d	0905	0941	1005	1041	1106	1141	1205	1241	1306 1341
Bae Caerdydd / Cardiff Bay	d		0938		1010	1040	1110	1140	1210	1240 1310
Heol y Frenhines / Cardiff Queen St	d	0909	0946	1009	1046	1110	1146	1209	1246	1310 1346
Lefel Uchel / Heath High Level	d	0914	0951	1014	1051	1115	1151	1214	1251	1315 1351
Llanishen	d	0917	0954	1017	1054	1118	1154	1217	1254	1318 1354
Llysfaen / Lisvane & Thornhill	d	0919	0957	1019	1057	1120	1157	1219	1257	1320 1357
Caerffili / Caerphilly	d	0925	1004a	1025	1104a	1126	1204a	1225	1304a	1326 1404a
Aber	d	0927		1027			1128	1227		1328
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	0930		1030			1131	1230		1331
Llanbradach	d	0933		1033			1134	1233		1334
Ystrad Mynach	a	0939		1039			1140	1239		1340
Ystrad Mynach Blackwood	d	0939		1039			1140	1239		1340
Hengoed	d	0942		1042			1143	1242		1343
Pengam	d	0945		1045			1146	1245		1346
Gilfach Fargoed	d									
Bargoed	a	0953		1053			1154	1253		1354
Brithdir	d	0956		1056			1157	1256		1357
Tir-phil	d	0959		1059			1200	1259		1400
Pontlotyn / Pontlottyn	d	1004		1104			1205	1304		1405
Rhywni / Rhydney	a	1009		1109			1209	1308		1410

Penarth - Caerdydd - Caerffili - Cwm Rhywni										Dydd Sul
Penarth - Cardiff - Caerphilly - Rhydney Valley										Sundays
	AW	AW	AW	AW	AW	AW	AW	AW	AW	AW
Penarth	d	1347					1547	1647		1747
Heol Dingle / Dingle Road	d	1349					1549	1649		1749
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d			1406				1606		
Grangetown	d	1353		1434			1553	1653		1753
Caerdydd Canolog / Cardiff Central	a	1401					1601	1701		1801
Caerdydd Canolog / Cardiff Central	d	1405	1441	1506	1541	1605	1641	1705	1741	1805 1841
Bae Caerdydd / Cardiff Bay	d	1340	1410	1440	1510	1540	1610	1640	1710	1740 1810
Heol y Frenhines / Cardiff Queen St	d	1409	1446	1510	1546	1609	1646	1709	1746	1809 1846
Lefel Uchel / Heath High Level	d	1414	1451	1515	1551	1614	1651	1714	1751	1814 1851
Llanishen	d	1417	1454	1518	1554	1617	1654	1717	1754	1817 1854
Llysfaen / Lisvane & Thornhill	d	1419	1457	1520	1557	1619	1657	1719	1757	1819 1857
Caerffili / Caerphilly	d	1425	1504a	1526	1604a	1625	1704a	1725	1804a	1825 1904a
Aber	d	1427		1528			1627	1727		1827
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1430		1531			1630	1730		1830
Llanbradach	d	1433		1534			1633	1733		1833
Ystrad Mynach	a	1439		1540			1639	1739		1839
Ystrad Mynach Blackwood	d	1439		1540			1639	1739		1839
Hengoed	d	1442		1543			1642	1742		1842
Pengam	d	1445		1546			1645	1745		1845
Gilfach Fargoed	d									
Bargoed	a	1453		1554			1653	1753		1853
Brithdir	d	1456		1557			1656	1756		1856
Tir-phil	d	1459		1600			1659	1759		1859
Pontlotyn / Pontlottyn	d	1504		1605			1704	1804		1904
Rhywni / Rhydney	a	1508		1609			1709	1808		1908

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen  
For an explanation of standard notes and symbols, please see end of timetable

	AW	AW	AW	AW	AW					
Penarth	d		1947		2052					
Heol Dingle / Dingle Road	d		1949		2054					
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	1806		1906		2006				
Grangetown	d	1834		1953		2058				
Caerdydd Canolog / Cardiff Central	a			2001		2105				
Caerdydd Canolog / Cardiff Central	d	1906	1941	2005	2041	2116				
Bae Caerdydd / Cardiff Bay	d	1840	1910	1940	2010	2110				
Heol y Frenhines / Cardiff Queen St	d	1910	1946	2009	2046	2120				
Lefel Uchel / Heath High Level	d	1915	1951	2014	2051	2125				
Llanishen	d	1918	1954	2017	2054	2128				
Llysfen / Lisvane & Thornhill	d	1920	1957	2019	2057	2130				
Caerffili / Caerphilly	d	1926	2005a	2025	2105a	2136				
Aber	d	1928		2027		2138				
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1931		2030		2141				
Llanbradach	d	1934		2033		2144				
Ystrad Mynach	a	1940		2039		2150				
Ystrad Mynach Blackwood	d	1940		2039		2150				
Hengoed	d	1942		2042		2152				
Pengam	d	1946		2045		2156				
Gilfach Fargoed	d									
Bargoed	a	1953		2053		2203				
Brithdir	d	1957		2056		2207				
Tir-phil	d	2000		2059		2210				
Pontlotyn / Pontlottyn	d	2004		2104		2214				
Rhymini / Rhydney	a	2009		2108		2219				

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### Nodiadau safonol

Mae'r amseroedd **mewn coch** yn dynodi gwasanaethau sy'n cysylltu

Trafnidiaeth Cymru

Amser cyrraedd

Amser ymadael

Yn aros i ollwng teithwyr yn unig

Yn aros i godi teithwyr yn unig

Yn aros ar gais. Rhaid i bobl sydd eisiau mynd i lawr hysbysu'r tocynnwr. Rhaid i bobl sydd eisiau mynd ar y trên roi'r arwydd llaw priodol i'r gyrrwr

Amser cysylltu a argymhellir

### Standard notes

Times in **red type** indicate connecting services.

**AW** Transport for Wales

**a** Arrival time

**d** Departure time

**s** Stops to set down only

**u** Stops to pick up only

**x** Service stops on request. Passengers wishing to alight must inform the conductor. Passengers wishing to board must give the appropriate hand signal to the driver

**☑** Recommended connecting time

**GW** Great Western Railway